

# 2010 WEST VIRGINIA USA-NKF REGIONAL QUALIFIER

**SATURDAY, FEBRUARY 13, 2010**

**ST. ALBANS HIGH SCHOOL**

**St. Albans, West Virginia**

**[www.usankf.org](http://www.usankf.org)**

**[www.usamaf.com](http://www.usamaf.com)**



**Don't miss your chance to  
qualify for the  
USA-NKF  
National Championships!**



2010 USA-NKF National  
Championships  
July 9 - 11th  
Greenville, South Carolina



# 2010 WV USA-NKF Regional Qualifier

Saturday, February 13, 2010

St. Albans High School - St. Albans, WV

[www.usamaf.com](http://www.usamaf.com)

Dear Instructors and Students,

I would like to invite you and your students to the **2010 WV USA-NKF Regional Qualifier**. This tournament will qualify karate competitors from West Virginia and many other surrounding regions to compete this summer at the **USA National Karate-do Federation National Championships and USA Team Trials** this summer.

The **2010 National Championships and US Team Trials** will be held in **Greenville, South Carolina** on **July 9-11, 2010**. Sensei Tommy Hood, one of our USA Team Senior Coaches, is the host for this years event. Coach Hood and the USANKF staff are working hard to make this years nationals a fantastic experience for both the competitors and their families. The City of Greenville is laying out the red carpet for **USA KARATE!**

The **USA National Karate-do Federation** is the **National Governing Body (NGB)** Sport Karate within the United States as recognized by the **United States Olympic Committee**. It is at the USA-NKF National Championships that the Official **USA Karate Team** is chosen for both adults and juniors to represent the United States in international competitions. Remember, all you need to do to compete at the National Championships is qualify at a regional qualifier. The Nationals has divisions for all ages and skill levels. From the youngest white belts, to seasoned masters, there truly is something for everyone. Even, if you are unsure that you will be attending the Nationals, this is a great, fun event that you can enjoy. You can decide at a later date if you will attend the National Championships.

**This tournament is the only way you can qualify for the Nationals this summer.** USA-NKF memberships are required and will be available at the tournament. Don't miss this opportunity to be a part of the Olympic Karate movement. I hope to see you at the tournament.

Sincerely,

**Roger A. Jarrett, 8th Dan**

Tournament Director

President - USA Martial Arts Federation

Past President- USA National Karate-do Federation

Secretary General - USA Karate Federation

President - North American Karate Federation

President - United International Martial Arts Federation

## Time Schedule

Doors Open:	9:00 a.m.
Competition Begins:	12:30 p.m.
(Beginning with Team Kata and Weapons, then children's divisions and running straight through)	

## Competitor Fees

One or Two Events	\$55
Each Additional Event	\$10

## Spectator Fees

Adults	\$5
Children (under 12)	\$3

# 2010 West Virginia USA-NKF Regional Qualifier

## Awards

Beautiful 1st, 2nd, 3rd, and 4th place medals in all divisions!

### **Ages 5-17:**

Novice = 7th kyu and under

Intermediate = 6th kyu - 3rd kyu

Advanced = 2nd kyu and up

### **Adult Divisions:**

Beginner = 1 year of training and under

Novice = 1 - 2 years

Intermediate = 2 - 3 years

Advanced = 3 years and up

## **Kata and Kumite Divisions**

5yrs & under Boys Beg/Nov

6-7 yr olds Boys Novice

6-7 yr olds Boys Intermediate

6-7 yr olds Boys Advanced

8-9 yr olds Boys Novice

8-9 yr olds Boys Intermediate

8-9 yr olds Boys Advanced

10-11 yr olds Boys Novice

10-11 yr olds Boys Intermediate

10-11 yr olds Boys Advanced

12-13 yr olds Boys Novice

12-13 yr olds Boys Intermediate

12-13 yr olds Boys Advanced

14-15 yr olds Boys Novice

14-15 yr olds Boys Intermediate

14-15 yr olds Boys Advanced

16-17 yr olds Boys Novice

16-17 yr olds Boys Intermediate

16-17 yr olds Boys Advanced

Men's Beginners

Men's Novice

Men's Intermediate

35+ Men's Beginner/Novice

35+ Men's Intermediate/Adv

Men's Advanced Kata

Men's Adv Lightweight -150 lbs

Men's Adv Middleweight 151-180 lbs

Men's Adv Heavyweight +180 lbs

5yrs & under Girls Beg/Nov

6-7 yr olds Girls Novice

6-7 yr olds Girls Intermediate

6-7 yr olds Girls Advanced

8-9 yr olds Girls Novice

8-9 yr olds Girls Intermediate

8-9 yr olds Girls Advanced

10-11 yr olds Girls Novice

10-11 yr olds Girls Intermediate

10-11 yr olds Girls Advanced

12-13 yr olds Girls Novice

12-13 yr olds Girls Intermediate

12-13 yr olds Girls Advanced

14-15 yr olds Girls Novice

14-15 yr olds Girls Intermediate

14-15 yr olds Girls Advanced

16-17 yr olds Girls Novice

16-17 yr olds Girls Intermediate

16-17 yr olds Girls Advanced

Women's Beginners

Women's Novice

Women's Intermediate

35+ Women's Beginner/Novice

35+ Women's Intermediate/Adv

Women's Advanced Kata

Women's Adv Lightweight - 125 lbs

Women's Adv Heavyweight+126 lbs

## **Weapon's Divisions**

9 yrs & under Beg/Nov

10-13 yr olds Beg/Nov

14-17 yr olds Beg/Nov

Men's Beginner/Nov

Men's Intermediate/Adv

35+ Men's

9 yrs & under Intermediate/Adv

10-13 yr olds Intermediate/Adv

14-17 yr olds Intermediate/Adv

Women's Beginner/Nov

Women's Intermediate/Adv

35+ Women's

## **Team Kata**

2 or 3 competitors

Beginner/Novice (all ages)

Intermediate/Advanced (all ages)

(A \$10.00 per team additional charge is required for this event)

# **30th Annual Mountain State Karate Championships**

**Saturday, April 10, 2010**

**St. Albans High School**

Don't miss this exciting event! In its 30th year, the Mountain State Karate Championship is one of the premier events on the East Coast. Top competitors from all across the Eastern Seaboard attend this event, and you don't want to miss your chance to compete with the best.

For further information visit

**[www.usamaf.com](http://www.usamaf.com)**

Or call

**(304) 722-4512**

## **Referee Course**

**Friday, Feb. 12th 7 - 9:30 pm**

**Saturday, Feb. 13th 9 am - 12 noon**

**Info at [www.usamaf.com](http://www.usamaf.com)**

## **USA National Karate-do Federation**

**2010**

# **National Championships and USA Team Trials**

**Greenville, South Carolina**

**July 9 - 11**

at the

**BI-LO**

**Convention Center**

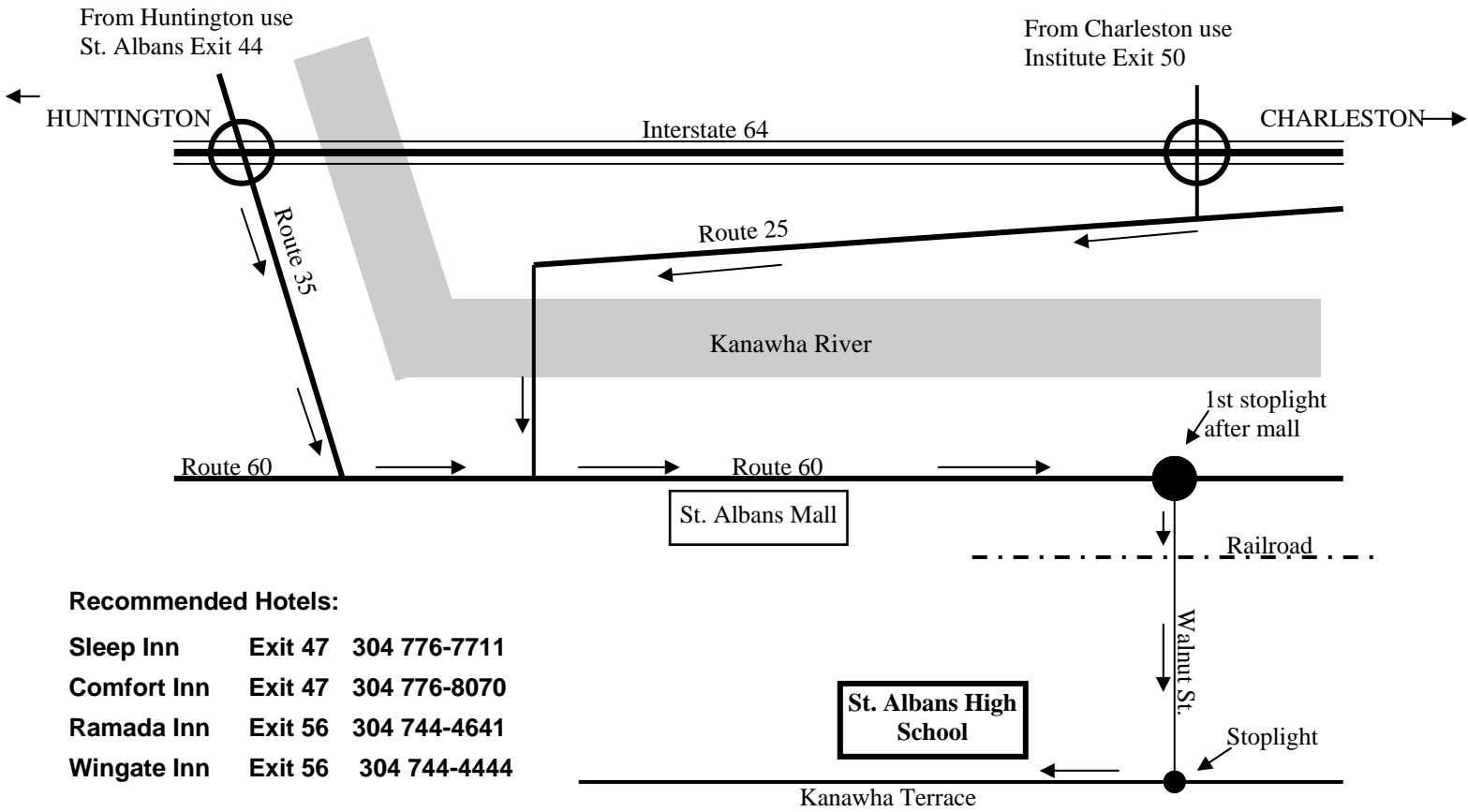
**More Information Available at**

**[www.usankf.org](http://www.usankf.org)**



*SAMURAI*  
 A M E R I C A N

**WV USA-NKF Regional Qualifier**  
 Roger Jarrett, Director  
 81 Olde Main Plaza  
 St. Albans, WV 25177



**Recommended Hotels:**

- Sleep Inn** Exit 47 304 776-7711
- Comfort Inn** Exit 47 304 776-8070
- Ramada Inn** Exit 56 304 744-4641
- Wingate Inn** Exit 56 304 744-4444